

# Waterville Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
Jun - 20  Turkey & Cheese 7-12 TOSSED GARDEN SALAD APPLE SLICES WG CHOC CHIP COOKIE MILK,1% Lowfat Milk, Chocolate Nonfat, Oakhur MILK,Skim	Jun - 21  BIG ALBERT CAESAR WRAP PASTA SALAD GREEN APPLE Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Jun - 22  MINI HAM ITALIAN Pretzels,Rold Gold,Tiny Twists CARROT STICKS ORANGE WEDGES (QUARTER) Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Jun - 23  TUNA SALAD SANDWICH TOSSED GARDEN SALAD WATERMELON,CHUNKS RANCH DRESSING Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Jun - 24  HAM AND CHEESE HOAGIE BUG BITES GRAHAM CRACKE CUCUMBER,RAW PLUMS,FRESH Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim
Jun - 27  Chicken/Veggie Wrap VEGGIES AND DIP FRESH FRUIT CUP Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Jun - 28  Peanut Butter & Jelly STRING CHEESE Pretzels,Rold Gold,Tiny Twists TOSSED GARDEN SALAD PEACHES,FRESH Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Jun - 29  HAM & CHEESE SANDWICH ASST. VEGGIE STICKS RANCH DRESSING (LITE) APPLE CRISP Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Jun - 30  TURKEY W/CHEESE SANDWIC CUCUMBER,RAW FRESH FRUIT CUP Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Jul - 1  EGG SALAD SANDWICH TOSSED GARDEN SALAD STRAWBERRIES,FRESH WG CHOC CHIP COOKIE Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim
Jul - 4	Jul - 5  Peanut Butter & Jelly SUNBUTTER AND JELLY SAND STRING CHEESE CARROT STICKS RANCH DRESSING (LITE) WATERMELON,CHUNKS Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Jul - 6  HAM & CHEESE CROISSANT (6 TOSSED GARDEN SALAD PLUMS,FRESH Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Jul - 7  TUNA SALAD SANDWICH VEGGIES AND DIP FRESH FRUIT CUP WG CHOC CHIP COOKIE Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Jul - 8  Chicken/Veggie Wrap BUG BITES GRAHAM CRACKE CUCUMBER,RAW PEACHES,FRESH Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim
Jul - 11  TURKEY DELI/WHEAT BROCCOLI,RAW FRSH (6-8) RANCH DRESSING (LITE) WATERMELON,CHUNKS Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Jul - 12  HAM SALAD ROLL (9-12) Tortilla chips TOSSED GARDEN SALAD RANCH DRESSING (LITE) BANANAS (PETITE WHOLE) Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Jul - 13  YOGURT GRAHAM CRACKER CELERY STICKS APPLES,Fresh 100 (JR. SR.) Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Jul - 14  HAM AND CHEESE HOAGIE PASTA SALAD CELERY STICKS ORANGE WEDGES (QUARTER) Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Jul - 15  CHICKEN SALAD ON A BUN Pretzels,Rold Gold,Tiny Twists CARROT STICKS APPLE SLICES Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

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Jul - 18  Turkey & Cheese 7-12 TOSSED GARDEN SALAD APPLE SLICES WG CHOC CHIP COOKIE MILK,1% Lowfat Milk, Chocolate Nonfat, Oakhur MILK,Skim	Jul - 19  BIG ALBERT CAESAR WRAP PASTA SALAD PLUMS,FRESH Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Jul - 20  MINI HAM ITALIAN Pretzels,Rold Gold,Tiny Twists GREEN APPLE Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Jul - 21  TUNA SALAD SANDWICH TOSSED GARDEN SALAD WATERMELON,CHUNKS RANCH DRESSING Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Jul - 22  HAM & CHEESE CROISSANT (6 BUG BITES GRAHAM CRACKE CUCUMBER,RAW APPLES,Fresh 100 (JR. SR.) Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim
Jul - 25  Chicken/Veggie Wrap VEGGIES AND DIP FRESH FRUIT CUP Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Jul - 26  Peanut Butter & Jelly SUNBUTTER AND JELLY SAND STRING CHEESE Pretzels,Rold Gold,Tiny Twists TOSSED GARDEN SALAD STRAWBERRIES,FRESH Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Jul - 27  HAM & CHEESE SANDWICH ASST. VEGGIE STICKS RANCH DRESSING (LITE) APPLE CRISP Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Jul - 28  TURKEY W/CHEESE SANDWIC CUCUMBER,RAW FRESH FRUIT CUP Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Jul - 29  EGG SALAD SANDWICH TOSSED GARDEN SALAD FRUIT,FRESH ASSORTED WG CHOC CHIP COOKIE Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim
Aug - 1  Chicken/Veggie Wrap VEGGIES AND DIP FRESH FRUIT CUP Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Aug - 2  Peanut Butter & Jelly STRING CHEESE CARROT STICKS RANCH DRESSING (LITE) MELON BALLS Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Aug - 3  HAM & CHEESE CROISSANT (6 TOSSED GARDEN SALAD PLUMS,FRESH Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Aug - 4  TUNA SALAD SANDWICH VEGGIES AND DIP PEACHES,FRESH WG CHOC CHIP COOKIE Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Aug - 5  Chicken/Veggie Wrap BUG BITES GRAHAM CRACKE CUCUMBER,RAW FRUIT,FRESH ASSORTED Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim
Aug - 8  TUNA SALAD SANDWICH BROCCOLI,RAW FRSH (6-8) RANCH DRESSING (LITE) WATERMELON,CHUNKS Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Aug - 9  HAM AND CHEESE HOAGIE TOSSED GARDEN SALAD RANCH DRESSING (LITE) ORANGE WEDGES (QUARTER Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Aug - 10  YOGURT GRAHAM CRACKER CELERY STICKS GRAPES, RED/GRN Fresh (6-8) Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Aug - 11  HAM SALAD ROLL (9-12) COLESLAW CRACKERS,GRAHAM APPLES,Fresh 125 ct (ELEM) Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim	Aug - 12  TURKEY DELI/WHEAT Pretzels,Rold Gold,Tiny Twists CARROT STICKS FRUIT,FRESH ASSORTED Milk, Chocolate Nonfat, Oakhur MILK,1% Lowfat MILK,Skim

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Aug - 15  Turkey & Cheese 7-12 TOSSED GARDEN SALAD APPLE SLICES WG CHOC CHIP COOKIE MILK, 1% Lowfat Milk, Chocolate Nonfat, Oakhur MILK, Skim	Aug - 16  BIG ALBERT CAESAR WRAP PASTA SALAD GREEN APPLE Milk, Chocolate Nonfat, Oakhur MILK, 1% Lowfat MILK, Skim	Aug - 17  MINI HAM ITALIAN Pretzels, Rold Gold, Tiny Twists FRUIT, FRESH ASSORTED Milk, Chocolate Nonfat, Oakhur MILK, 1% Lowfat MILK, Skim	Aug - 18  TUNA SALAD SANDWICH TOSSED GARDEN SALAD WATERMELON, CHUNKS RANCH DRESSING Milk, Chocolate Nonfat, Oakhur MILK, 1% Lowfat MILK, Skim	Aug - 19  HAM & CHEESE CROISSANT (6 BUG BITES GRAHAM CRACKER CUCUMBER, RAW FRUIT, FRESH ASSORTED Milk, Chocolate Nonfat, Oakhur MILK, 1% Lowfat MILK, Skim

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