

Waterville Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
Jun - 20 TOAST & CEREAL WG BLUEBERRY MUFFINS JUICE - VARIETY MILK,1% Lowfat MILK,Skim	Jun - 21 TOAST & CEREAL FRUIT/YOGURT/GRANOLA FRESH FRUIT CUP MILK,1% Lowfat MILK,Skim	Jun - 22 TOAST & CEREAL BAGEL, WHITE WG./CR. CHEE JUICE - VARIETY MILK,1% Lowfat MILK,Skim	Jun - 23 TOAST & CEREAL CINNAMON ROLL WW FRUIT,FRESH ASSORTED MILK,1% Lowfat MILK,Skim	Jun - 24 TOAST & CEREAL BREAKFAST BURRITO JUICE - VARIETY MILK,1% Lowfat MILK,Skim
Jun - 27 TOAST & CEREAL BREAKFAST FRUIT BAR FRUIT, ASSORTED CANNED MILK,1% Lowfat MILK,Skim	Jun - 28 TOAST & CEREAL PUMPKIN WG MUFFIN JUICE - VARIETY MILK,1% Lowfat MILK,Skim	Jun - 29 TOAST & CEREAL BAGEL, WHITE WG./CR. CHEE FRESH FRUIT CUP MILK,1% Lowfat MILK,Skim	Jun - 30 TOAST & CEREAL UBR, WW, IW FRUIT,FRESH ASSORTED MILK,1% Lowfat MILK,Skim	Jul - 1 FRENCH TOAST STICKS (6-12) SYRUP,PANCAKE TOAST & CEREAL APPLESAUCE (ELEM) MILK,1% Lowfat MILK,Skim
Jul - 4	Jul - 5 TOAST & CEREAL FRUIT/YOGURT/GRANOLA FRESH FRUIT CUP MILK,1% Lowfat MILK,Skim	Jul - 6 TOAST & CEREAL BAGEL, WHITE WG./CR. CHEE JUICE - VARIETY MILK,1% Lowfat MILK,Skim	Jul - 7 TOAST & CEREAL CINNAMON ROLL WW FRUIT,FRESH ASSORTED MILK,1% Lowfat MILK,Skim	Jul - 8 TOAST & CEREAL BREAKFAST BURRITO JUICE - VARIETY MILK,1% Lowfat MILK,Skim
Jul - 11 TOAST & CEREAL BREAKFAST FRUIT BAR FRUIT, ASSORTED CANNED MILK,1% Lowfat MILK,Skim	Jul - 12 TOAST & CEREAL PUMPKIN WG MUFFIN JUICE - VARIETY MILK,1% Lowfat MILK,Skim	Jul - 13 TOAST & CEREAL BAGEL, WHITE WG./CR. CHEE FRESH FRUIT CUP MILK,1% Lowfat MILK,Skim	Jul - 14 TOAST & CEREAL UBR, WW, IW FRUIT,FRESH ASSORTED MILK,1% Lowfat MILK,Skim	Jul - 15 TOAST & CEREAL BREAKFAST PIZZA SAUSAGE JUICE - VARIETY MILK,1% Lowfat MILK,Skim
Jul - 18 TOAST & CEREAL WG BLUEBERRY MUFFINS JUICE - VARIETY MILK,1% Lowfat MILK,Skim	Jul - 19 TOAST & CEREAL FRUIT/YOGURT/GRANOLA FRESH FRUIT CUP MILK,1% Lowfat MILK,Skim	Jul - 20 TOAST & CEREAL BAGEL, WHITE WG./CR. CHEE JUICE - VARIETY MILK,1% Lowfat MILK,Skim	Jul - 21 TOAST & CEREAL CINNAMON ROLL WW FRUIT,FRESH ASSORTED MILK,1% Lowfat MILK,Skim	Jul - 22 TOAST & CEREAL BREAKFAST BURRITO JUICE - VARIETY MILK,1% Lowfat MILK,Skim

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Jul - 25 TOAST & CEREAL BREAKFAST FRUIT BAR FRUIT, ASSORTED CANNED MILK, 1% Lowfat MILK, Skim	Jul - 26 TOAST & CEREAL PUMPKIN WG MUFFIN JUICE - VARIETY MILK, 1% Lowfat MILK, Skim	Jul - 27 TOAST & CEREAL BAGEL, WHITE WG./CR. CHEE FRESH FRUIT CUP MILK, 1% Lowfat MILK, Skim	Jul - 28 TOAST & CEREAL UBR, WW, IW FRUIT, FRESH ASSORTED MILK, 1% Lowfat MILK, Skim	Jul - 29 FRENCH TOAST STICKS (6-12) SYRUP, PANCAKE TOAST & CEREAL APPLESAUCE (ELEM) MILK, 1% Lowfat MILK, Skim
Aug - 1 TOAST & CEREAL WG BLUEBERRY MUFFINS JUICE - VARIETY MILK, 1% Lowfat MILK, Skim	Aug - 2 TOAST & CEREAL FRUIT/YOGURT/GRANOLA FRESH FRUIT CUP MILK, 1% Lowfat MILK, Skim	Aug - 3 TOAST & CEREAL BAGEL, WHITE WG./CR. CHEE JUICE - VARIETY MILK, 1% Lowfat MILK, Skim	Aug - 4 TOAST & CEREAL CINNAMON ROLL WW FRUIT, FRESH ASSORTED MILK, 1% Lowfat MILK, Skim	Aug - 5 TOAST & CEREAL BREAKFAST BURRITO JUICE - VARIETY MILK, 1% Lowfat MILK, Skim
Aug - 8 TOAST & CEREAL BREAKFAST FRUIT BAR FRUIT, ASSORTED CANNED MILK, 1% Lowfat MILK, Skim	Aug - 9 TOAST & CEREAL PUMPKIN WG MUFFIN JUICE - VARIETY MILK, 1% Lowfat MILK, Skim	Aug - 10 TOAST & CEREAL BAGEL, WHITE WG./CR. CHEE FRESH FRUIT CUP MILK, 1% Lowfat MILK, Skim	Aug - 11 TOAST & CEREAL UBR, WW, IW FRUIT, FRESH ASSORTED MILK, 1% Lowfat MILK, Skim	Aug - 12 FRENCH TOAST STICKS (6-12) SYRUP, PANCAKE TOAST & CEREAL APPLESAUCE (ELEM) MILK, 1% Lowfat MILK, Skim
Aug - 15 TOAST & CEREAL WG BLUEBERRY MUFFINS JUICE - VARIETY MILK, 1% Lowfat MILK, Skim	Aug - 16 TOAST & CEREAL FRUIT/YOGURT/GRANOLA FRESH FRUIT CUP MILK, 1% Lowfat MILK, Skim	Aug - 17 TOAST & CEREAL BAGEL, WHITE WG./CR. CHEE JUICE - VARIETY MILK, 1% Lowfat MILK, Skim	Aug - 18 TOAST & CEREAL CINNAMON ROLL WW FRUIT, FRESH ASSORTED MILK, 1% Lowfat MILK, Skim	Aug - 19 TOAST & CEREAL BREAKFAST BURRITO JUICE - VARIETY MILK, 1% Lowfat MILK, Skim

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